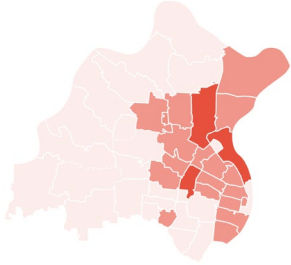


North Star

Zero racial disparities in infant mortality by 2033.

High Infant Mortality Zip Codes



63112, 63136, 63147

- Priority Zip Code Served
- Priority Zip Code

How much did we do?

7
Supported teen parents

18
Provided parenting education workshops

Items Distributed

250+
Hygiene supply kits

500+
Family-sized food pantry boxes

80
Two-item clothing sets


Program Description

This FLOURISH grant funded the Londyn Project at Keep It Real Youth Outreach. The purpose of this project was to provide support services to young, African Americans, ages 14-25 years of age, who are pregnant, parenting and/or homeless. This project took place from August 2020 to July 2021.

The support services provided included resources, referrals, transportation to medical appointments, and had curriculum developed by a nurse practitioner. All programs of Keep It Real Youth Outreach are a continuum of care and provide a way for these young women to be in control of their own lives and destinies.

Priority Areas

FLOURISH Community Leaders Cabinet identified priority areas they believe will have the most significant impact on improving conditions for Black families. Infant mortality is a complex issue that can't be solved by one organization alone. Below, you will find population level data where FLOURISH is contributing to changes for Black families alongside other organizations. Keep It Real Youth Outreach is working to move the needle for the individuals they serve in the areas listed below.

FLOURISH Priority Area	Category of Work	Population Level Data
 Social Determinant of Health	Education & Resources	<ul style="list-style-type: none"> Access to Resources

FLOURISH uses a **results-based accountability** model of evaluation, because it helps show how collaborative efforts can make an impact on reducing disparities in infant mortality. We focus on how well programs address root causes of the issue and whether Black pregnant and parenting families are better off.

How well did we do it?

How were Black pregnant and parenting families impacted by this project?

100% of teens **connected** to resources needed to thrive

100% of pregnant and parenting teens **acquired new skills**

Is anyone better off?

What change occurred as a result of this project?

Percentage of participants who **attended scheduled appointments** at:

all well-child visits **100%**

all prenatal care appointments **57%**

Baby Items Distributed



1500+
Small toys



100+
Packs of diapers



72
Containers of formula

Project Highlights

Some participants graduated from high school.

Others expressed the desire to obtain their GEDs.

Participants were consistently excited to interact with one another.

We saw participants transform over the course of the program.



Participant Outcomes



100%

of infants with **ideal birth outcomes** (at-term birth, normal birth weight)

Project Learnings

We are looking forward to watching the participants continue to become successfully independent. We are also looking forward to the independent support groups that will be formed as a result of this project.

Acceptance of services was the biggest challenge over the past year. Accepting services will continue to be an issue and each potential participant will need some 1:1 time to discuss various issues within their lives that may require need for our services.



Partnerships



Foodbank[®]
St. Louis Area Foodbank



FLOURISH St. Louis, an infant mortality reduction initiative powered by Generate Health, is bringing together people and organizations across the region to fix the systems that impact the health of Black families. This organization received a FLOURISH grant which was funded by Missouri Foundation for Health.

For more information visit <https://www.keepitrealyouth.org/> or contact info@flourishstlouis.org