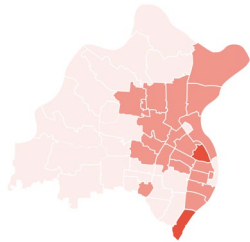


North Star

Zero racial disparities in infant mortality by 2033.

High Infant Mortality Zip Codes



63107, 63111

- Priority Zip Code Served
- Priority Zip Code

How much did we do?



36

Men & women served



12

Week program offered



15

Individuals per sewing group

Sessions

Stress management, and coping with toxic stress trauma

Healthy eating

Parenting skills and support for those impacted by incarceration

Healthy relationships, effective communication

Anger management




Program Description

This FLOURISH grant funded the “It’s Time for Shalom!” at the Jacob’s Ladder Ministries. This project was to connect Black men and women impacted by the criminal justice system with resources, knowledge and support; create healthier relationships, improve quality of life for Black women and support vitality for Black babies. This project took place from February to May 2021.

Priority Areas

FLOURISH Community Leaders Cabinet identified priority areas they believe will have the most significant impact on improving conditions for Black families. Infant mortality is a complex issue that can’t be solved by one organization alone. Below, you will find population level data where FLOURISH is contributing to changes for Black families alongside other organizations. Jacob’s Ladder Ministries is working to move the needle for the individuals they serve in the areas listed below.

FLOURISH Priority Area	Category of Work	Population Level Data
 Coordinated Quality Care	Perinatal Behavioral Health	<ul style="list-style-type: none"> • Poor Mental Health Days • Frequent Mental Health Distress

Partnerships



Stepping Into the Light Ministries



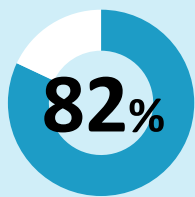
St. Louis City Justice Center



Keyway Center for Diversion & Reentry

FLOURISH uses a **results-based accountability** model of evaluation, because it helps show how collaborative efforts can make an impact on reducing disparities in infant mortality. We focus on how well programs address root causes of the issue and whether Black pregnant and parenting families are better off.

How well did we do it?



of participants indicated an **increase in self-esteem** and **new positive coping mechanisms** for handling stress and anxiety

Learnings

Through **no-judgment zones**, individuals were able to **freely communicate** their feelings and share triggers related to parenting, relationships, and mental health.

We also learned that 12-week programs are lengthy for our participants. In the future we will consider a 6-week or 8-week cohort.

FLOURISH St. Louis, an infant mortality reduction initiative powered by Generate Health, is bringing together people and organizations across the region to fix the systems that impact the health of Black families. Jacob’s Ladder Ministries received a FLOURISH grant which was funded by Missouri Foundation for Health.