

**North Star**

**Zero racial disparities in infant mortality by 2033.**

**How much did we do?**

**Group Prenatal Care**



**22**

Participants in virtual prenatal care

**4**

Virtual prenatal care cohorts

**6**

Prenatal care sessions per cohort

**Health Care Provider Trainings**



**62**

Health care providers trained in health equity



**10**

Health care providers trained in trauma-informed care



**55**

Health care providers trained in behavioral health integration

**Program Description**

This FLOURISH grant funded the ELEVATE: elevating voices, addressing trauma, toxic stress and equity in group prenatal care project at St. Louis Integrated Health Network. The purpose of this grant was to catalyze community voice and racial equity within maternal and infant health through the group prenatal care model. This program occurred between April 2020 and April 2021.

**Priority Areas**

FLOURISH Community Leaders Cabinet identified priority areas they believe will have the most significant impact on improving conditions for Black families. Infant mortality is a complex issue that can't be solved by one organization alone. Below, you will find population level data where FLOURISH is contributing to changes for Black families alongside other organizations. St. Louis Integrated Health Network is working to move the needle for the individuals they serve in the areas listed below.

FLOURISH Priority Area	Category of Work	Population Level Data
Coordinated Quality Care	Prenatal Care	<ul style="list-style-type: none"> <li>Preterm Birth</li> <li>Low Birth Weight</li> <li>Adequate Prenatal Care</li> <li>Early Prenatal Care</li> </ul>

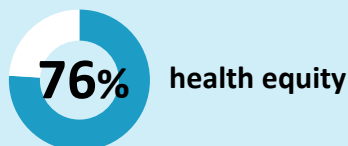


St. Louis Integrated Health Network worked on supporting ELEVATE community collaborators, former group prenatal care patients and Black parenting families, to apply for FLOURISH Community Mobilization funding to center them and their interests to help Black pregnant and parenting families.

FLOURISH uses a **results-based accountability** model of evaluation, because it helps show how collaborative efforts can make an impact on reducing disparities in infant mortality. We focus on how well programs address root causes of the issue and whether Black pregnant and parenting families are better off.

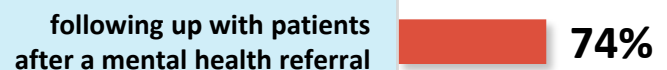
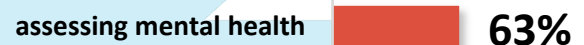
**How well did we do it?**

Percentage of health care providers with **excellent or good knowledge** regarding:



**Is anyone better off?**

Percentage of health care providers are comfortable with:



## Health Care Provider Highlights



**100+** Trained health care team members from partners sites in trauma informed care, behavioral health integration and health equity with Crossroads Anti-Racism Organizing



Developed, collected, analyzed and disseminated data on how racial equity is being implemented at each partner institution



Edited and incorporated patient and health care team members feedback to update patient and facilitator curriculum for ElevATE group prenatal care



Published a national article about ElevATE's work to change systems through group prenatal care

## Group Prenatal Care Highlights



Provided Black pregnant and parenting families resources to support a healthy pregnancy and postpartum period, such as books and toys for their infant, lotion, wipes, newborn safety kit, newborn diaper and wipe kit, belly band, water bottle and mask.

## Barriers to Racial Equity

### Barriers that Impact Participation in Racial Equity Activities at Various Levels



Health Care Provider

Time, leadership support, lack of knowledge/training, leadership listening and not acting, life-long trauma



Department

Leadership support, productivity demands, patient care is top priority, costly, leadership lack of knowledge, policies that impact more than one department and were not created for the department, difference in training and staff experience, job titles, time, fear, Black women work in support roles and their voices are silenced



Organization

COVID-19, different department's experience and awareness of issues, patient care is priority, competing priorities, leadership support, not realizing there is a problem, politics and fear of retribution

## Partnerships



Washington University Physicians

Perinatal Behavioral Health Service



**FLOURISH St. Louis**, an infant mortality reduction initiative powered by Generate Health, is bringing together people and organizations across the region to fix the systems that impact the health of Black families. This organization received a FLOURISH grant which was funded by Missouri Foundation for Health.

For more information visit <https://stlouisihn.org/> or contact [info@flourishstlouis.org](mailto:info@flourishstlouis.org)