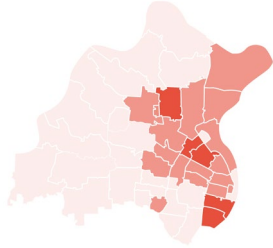


North Star

Zero racial disparities in infant mortality by 2033.

High Infant Mortality Zip Codes



**63104, 63115, 63118,
63120, 63136**

- Priority Zip Code Served
- Priority Zip Code

How much did we do?

Coordinated Quality of Care



22

Individuals served



10

Rides provided to doctor appointments

Social Determinants of Health



383

Items of clothing



57

Packs of diapers



8

Gas cards



103

Boxes of food



3

Months of Utility Assistance



32



Household product bundles

Program Description

This FLOURISH grant funded the Parents and Community Connection (PACC) Program led by Community of Hope with Riverview West Florissant acting as the fiscal sponsor. The PACC program was developed and implemented to build a community support system of mentors, resources and programs for young parents in need. In the past six months our goal has been to provide them with the necessary tools to become self-sufficient. This project took place from February through July of 2021.

Priority Areas

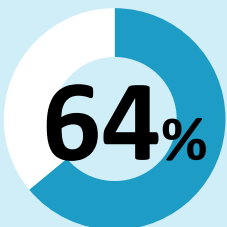
FLOURISH Community Leaders Cabinet identified priority areas they believe will have the most significant impact on improving conditions for Black families. Infant mortality is a complex issue that can't be solved by one organization alone. Below, you will find population level data where FLOURISH is contributing to changes for Black families alongside other organizations. Riverview West Florissant Development Corporation is working to move the needle for the individuals they serve in the areas listed below.

FLOURISH Priority Area	Category of Work	Population Level Data
 Social Determinants of Health	Education & Resources	<ul style="list-style-type: none"> ▪ Access to Resources
 Coordinated Quality of Care	Perinatal Behavioral Health	<ul style="list-style-type: none"> ▪ Maternal/ Postpartum Depression ▪ Poor Mental Health Days ▪ Frequent Mental Distress ▪ Stressful Life Events During Pregnancy

FLOURISH uses a **results-based accountability** model of evaluation, because it helps show how collaborative efforts can make an impact on reducing disparities in infant mortality. We focus on how well programs address root causes of the issue and whether Black pregnant and parenting families are better off.

How well did we do it?

How were Black pregnant and parenting families impacted by this project?

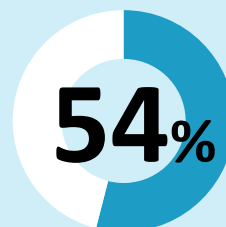


of individuals were connected to the **necessary resources** to thrive

of individuals were connected to a **mentor and/or a counselor**

Is anyone better off?

What change occurred as a result of this project?



of individuals became **self-sufficient** by the end of the program

Success Stories



"I came to the program because my aunt saw a flier and knew I needed baby items. When I attended the zoom, all I wanted was to get help with things for my baby. I was depressed after losing her dad. My intake was good and I wanted to continue in the program. The more I learned what the program was about and how it truly helps mothers like myself, I wanted to become a permanent part of it. Now I work with the program, and I heal the more I help others. This program has taught me allot about myself and the need to help others. I'm so thankful for it and blessed to be apart of the recruitment process."

-Nianna Smith

"Ms. Alisha was my mentor and she checked on me all the time. She shared with me how scared she was as a mother at 15 and how she had no support system. That made me trust her and the program has helped me get all the things I needed for my baby. I told her I wanted to go back to school and she helped me fill out my Pell grant papers and gave me a laptop. I'm so thankful to have her as my mentor and this program."

-Sidney Hill



"PACC Program has changed my perspective alone on having a support system! Even if it's not family! I am truly thankful for my mentor Ms. Keisha. That I have her for listening to my problems, being able to guide me in the right direction. This program has made an impact on my confidence level and helping out with financial stability. I'll highly recommend young mothers with children to take advantage of this program."

-Jhamara Bass

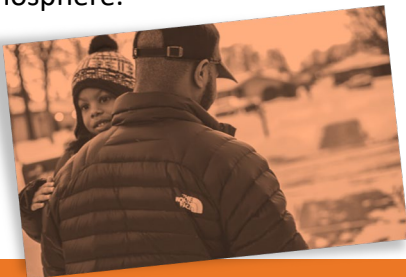
Mentorship Program



We partnered mentors with parents to establish both short-term and long-term goals, gauge needs and build a community support system. Through weekly check-ins, mentors have been able to gauge the participants needs in real time and provide resources at their fingertips. Every participant received a mental health intakes and referrals ere done as was needed. Parents were able to discuss stressful days and have someone listen and help them through the difficult times.

Project Impact

Our project ensured that we allowed community members to express their unique needs as each person's needs are different. We worked to remove these barriers by ensuring that strong, genuine relationships were formed where we share our stories of overcoming so that community members knew they could count on us to provide a non-judgmental atmosphere.



Health & Wellness Program

We developed health and wellness programs for young mothers through the PACC programs. The program included:

Yoga

Walking Club

Stress Hotline

Spa Days



FLOURISH St. Louis, an initiative powered by Generate Health, is working to reduce infant mortality in St. Louis. We are bringing together people and organizations from all parts of our region to fix the systems that impact the health of Black families. This organization received a FLOURISH grant which was funded and supported by Missouri Foundation for Health.