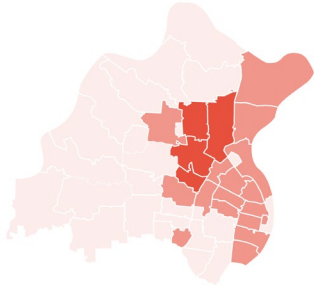




North Star

Zero racial disparities in infant mortality by 2033.

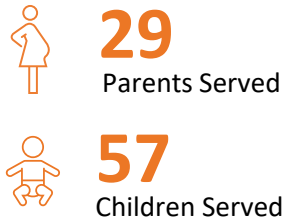
High Infant Mortality Zip Codes



63121, 63133, 63135, 63136

- Priority Zip Code Served
- Priority Zip Code

How much did we do?



Virtual Café Topics

Managing Stress



Helping Your Child Flourish in
Virtual School

Healthy Holidays

Money Matters (2 Parts)

Program Description

This is the first of two FLOURISH grants received by A Red Circle. The Healthy Mom & Baby Dinners project provided pregnant and postpartum mothers with information, confidence and social support to make healthy food choices. Monthly dinner kits were delivered to families with accompanying virtual programming. This program occurred between September 2020 and February 2021. By expanding the knowledge and confidence of mothers to provide healthy meals, this program empowers them to be successful change agents.

Priority Areas

FLOURISH Community Leaders Cabinet identified priority areas they believe will have the most significant impact on improving conditions for Black families. Infant mortality is a complex issue that can't be solved by one organization alone. Below, you will find population level data where FLOURISH is contributing to changes for Black families alongside other organizations. A Red Circle is working to move the needle for the individuals they serve in the areas listed below.

FLOURISH Priority Area	Category of Work	Population Level Data
 Social Determinant of Health	Food Access	<ul style="list-style-type: none"> ▪ Child Food Insecurity ▪ Food Deserts

FLOURISH uses a **results-based accountability** model of evaluation, because it helps show how collaborative efforts can make an impact on reducing disparities in infant mortality. We focus on how well programs address root causes of the issue and whether Black pregnant and parenting families are better off.

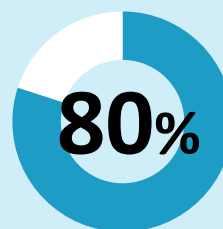
How well did we do it?

Percent of individuals ...



Is anyone better off?

What change occurred as a result of this project?



of individuals are interested in **co-leading** future Parent Cafés

Program Descriptions

Dinner Kits: The dinner varies each month, but usually consist of a pizza, pasta or sandwiches, a sparkling water drink, salad, and fruit. Paper plates, napkins and utensils were provided if needed. Family's food allergies and preferences were taken into consideration.

Activity Kits: The activity kits are for children in middle school and younger, which is children ages 2-14. We separate the kits between children in elementary school and younger (2-11) or children in middle school (12-14). The kits are also separated by the gender of the child and decorated accordingly. These boxes included coloring sheets, educational worksheets, crafts and activity books.

Participant Quotes






"It was a relief to attend the café and it allowed me to share as well as realize that what I'm currently doing is acceptable/enough."
– September Café Participant



"There was a lot of information that was given about A Red Circle and other agencies that I was unaware of. This was a huge asset for myself and others that I may come in contact with."
– October Café Participant



Social Determinants of Health Addressed

-  Food insecurity
-  Employment
-  Lack of access to social and mental health services
-  Lack of social support from family and community
-  Availability of educational resources for their children during virtual learning



Partnerships



FLOURISH St. Louis, an infant mortality reduction initiative powered by Generate Health, is bringing together people and organizations across the region to fix the systems that impact the health of Black families. This organization received a FLOURISH grant which was funded by Missouri Foundation for Health.